

Level
A

Module Three | Who is Involved in Bullying?



Activity One

I wanted to say.

This activity focuses on the targeted student and the bystanders. It allows for the targeted student to gain some confidence in learning a new response for the bullying situation that occurred. The activity is conducted in the presence of the bystanders to provide support to the targeted student as well as to increase the bystanders' knowledge of what to do if it happened to them.

Materials Required

✓ Nil

Step One

Ask the targeted child to retell the bullying incident with an emphasis on what each party involved (the bully student and the targeted student) actually said.

Step Two

For the targeted student who did not respond verbally at the time, list some suggestions as to what the student could have said to the bully student to make the bully student stop or aware the targeted student did not like the behaviour.

For example: I don't like that, if you want to have a turn I am nearly finished, doing that is like what a bully does, I am going now, etc.

For the targeted student who did verbally respond but to no effect, what else could they have done in terms of their behaviour? For example, walked away since the bully student wasn't listening, called out to a friend to come over, called out to the teacher, etc.



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Step Three

Ask the targeted student to practice what they could have said or how they could have behaved.

Step Four

Ask the bystander's if they knew there was bullying occurring. Could they have said or done something differently so it stopped the bullying from occurring? Ask the bystanders if the targeted student could practice saying / doing the new behaviour with the bystanders present.

The object is to give the targeted student some confidence to speak up in the safety of their peers and with the teacher present as well as the secondary effect of the bystanders learning what to say or do if they are bullied.