



Activity One

Super Nanny meets Judge Judy

This activity directs students towards a greater understanding of what is appropriate behaviour and inappropriate behaviour. Students are then asked to look at the consequences of inappropriate behaviour. This activity also allows students to question the appropriateness of the school’s response to bullying behaviour.

Materials Required

- ✓ Copy of school policy on bullying including consequences for breaches of behaviour

Step One

Meet with each of the respected students involved, including the bully, the targeted student and the bystanders (separately) and ascertain an account of the incident. Reinforce school rules of what is acceptable behaviour and what is not acceptable behaviour.

Step Two

Ask each student their interpretation of the consequences for breaking school rules in regard to this incident. Confirm or enlighten students with corrections. Do they consider the consequences appropriate? What alternative consequences could they suggest? When consequences are decided upon and acted upon, review the students’ relationships on at least two occasions to ensure there is no payback behaviour.

Step Three

Possibly offer students suggestions as part of the school’s anti- bullying behaviour management process.