

Level
D

Module Four | Reducing the impact of bullying



Activity One

My last will and testament

Students involved in the bullying incident: the targeted student, the bully and the bystanders are asked to look in the future for when they are grandparents. As an old frail grandparent, they will not be able to physically play with their grandchild but will have wisdom from their years of living to pass on to their grandchild. The students are told as grandparents their grandchild comes to them telling them about a bullying incident the grandchild was involved in. The incident is very similar to the incident the students find themselves in today. The students are asked as a grandparent to advise their grandchild of what to do to handle the situation. The purpose of the activity is to attempt to psychologically remove the student from the immediate bullying incident by placing the student into the future to enable a broader perspective of the problem and solution.

Materials Required

✓ Nil

Step One

Inform the students that to seek a resolution to a problem, sometimes we can be too close to see the solution. Distance is sometimes required. A bullying problem has occurred and a resolution needs to be sought. A student/s has been hurt/injured in the bullying process; a student must face the consequences of breaking the rules and other students were aware what was happening need to know how they could have intervened in the situation to minimise harm. To attempt to find some resolution to this problem, you are going to create distance. You will advance time and place the students 80 years from now. This will make the students old, frail grandparents and possibly great grandparents. Their mobility is extremely limited so they can't move around very well but their mind is still very much intact. One of their grandchildren comes to them telling them about a bullying incident at school. The incident the grandchild recants is very similar to the incident that has just occurred with this group of students. As grandparents, they need to think about how they can best help their grandchild.

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Step Two

- 1) What will you tell your grandchild to do if
 - A) The grandchild is the bully student
 - B) The grandchild is the targeted student
 - C) The grandchild is the bystander
- 2) Your grandchild asks you if the bullying can permanently affect the targeted student. What do you reply?
- 3) Your grandchild asks what should happen to the students involved as a consequence of the incident.
- 4) Your grandchild asks you what could happen to stop this bullying problem from occurring again in the future.

Step Three

Bring the students back from the future to today. Ask the students, what they think should happen as a consequence of the bullying incident and what should they do to prevent the incident from occurring again?