

Level
B

Module One | What is Bullying?



Activity One

Saving Face in the Code of Conduct

This activity has the bully acknowledge how the behaviour breaches the school rules but also provides the bully with an opportunity to understand why the behaviour occurred. The bully and the targeted student are exposed to the notion that the intent may not have been to bully but the behaviour was bullying. The bully is provided with more appropriate alternatives to achieve the real intent.

Materials Required

✓ Nil

Step One

Talk to the bully and the victim separately to gain a clear account from each, their perspective of the bullying incident. State the school definition for the particular type of bullying and recant the behaviour clearly identified by the student from the incident. Reinforce that the behaviour is bullying.

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Step Two

Ask the bully what his/her intent was. A student's behaviour may be bullying but this could be more a reflection of the student's poor social and communication skills than intent. Have the bully acknowledge that the behaviour was bullying and as such there are school consequences. Also recognise that the intent may have misguided the behaviour and talk to the bully about more appropriate ways to behave. Ask the targeted student what he/she thought was the bully's intent. Discuss how there can be different ways to achieve things and that the bully had chosen the wrong way.

Step Three

With the bully recognising the bullying behaviour being wrong, convene a meeting for the bully and the targeted student to meet to summarise what occurred and why. In the meeting discuss how the situation could have been handled differently by the bully.